

Quick Guide

Laser Bacterial Reduction (LBR)

1. Select appropriate tip for For Laser (perio 300 or 400 micron) or cleave fiber if using a Diode Laser system that has a cleavable fiber. (Leave the fiber a little longer)
2. Select setting for pocket disinfection
3. Average power should be about .5 watts

Power setting: .5 watts (average power)

Beam: pulsed (example 1.0 watts pulsed at 50/50)

Contact: light contact

Anesthetic: usually not needed but “patients are patients”

Time: 10-15 seconds per tooth

Procedure: the tip is placed in the sulcus and moved circumferentially around the tooth in the light contact with the soft tissue.