



## Laser Assisted Root Planing – Laser Bacterial Reduction

We are constantly learning and striving to advance the standard of patient care in our office. As such we have recently added a new procedure to your routine cleaning care to help fight periodontal disease.

Periodontal disease affects approximately 80% percent of adults and is a growing epidemic in our society. Understanding of this disease has increased greatly over the last few years. We now know that Periodontal Disease is a bacterial infection in the pockets around teeth. As such, we now not only treat Perio with removal of mechanical irritants and diseased tissue (your normal cleaning) but are also addressing the underlying infection that causes it. With that thought in mind we recommend that along with your rootplaning visit we include laser treatment for three major reasons.

1. To reduce or eliminate bacteremias. During the deep cleaning process most patients will have some areas that may bleed, this allows bacteria that are present in all of our mouth to flood into the bloodstream and sometimes settle in weakened areas of our body such as a damage heart valve or artificial knee or hip, etc. We premeditate those patients that we know have a heart condition or artificial joints with antibiotics so that these bacteria can't cause harm to these areas. Latest research shows that these oral pathogens have now been linked to a number of other diseases such as cardiovascular disease, rheumatoid arthritis, low birth weight babies, diabetes, etc. Needless to say anything that we can do to reduce or eliminate these bacteremias is a positive for our patients.
2. To prevent cross contamination of infections in one area of your mouth to other areas. Decontamination minimizes the chance that we may inadvertently pick up bacterial infection in one area of your mouth and move it to others.
3. To kill periodontal disease bacteria and stop their infections before they cause physical destruction or loss of attachment around your teeth.

The laser decontamination process is painless and normally takes 5-10 minutes. We highly recommend that you take advantage of this service as part of your routine cleaning.

Laser decontaminations is \$\_\_\_\_\_ per quadrant ( there are four quadrants in your mouth). This procedure is NOT covered by insurance. Unfortunately, insurance coverage is almost always behind the leading edge in high tech health care. The advantage to you is a lower cost alternative and conservative approach with excellent results. This procedure will hopefully help you avoid expensive and uncomfortable periodontal surgery in the future.

Please ask your hygienists if you have any questions regarding this treatment. Please sign and date below if you are prepared to have this service. Thank You.

---

---

Signature

Date: